

SATURDAY JUNE 23 cont.

2nd Annual Young Life/Rudy's Run/Walk

NEW!

9:00 a.m. registration; 10:30 a.m. start • Rudy's Redeye Grill, WBL. Starts at Rudy's, goes along the shores of White Bear Lake. Proceeds to help send high school students to Young Life's Camp Castaway. Participants receive Young Life mug. \$40 entry. whitebear-mahtomediarea.younglife.org

Sponsored by: Thrivent Financial & White Bear Lake and Mahtomedi area business'

Weekend Gardeners

10:00 a.m. - Noon • Tamarack Nature Center. There is work to do in the garden and a lot to learn! Work side-by-side with our staff. All Ages. Free. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Tamarack Nature Center

13th Annual White Bear Lake Classic & Vintage Boat Show

10:00 a.m. - 4:00 p.m. • Lake Ave. at White Bear Shopping Center. Featuring all classes of boats, nautical swap meet, arts & crafts fair & Live music. Pat Oven, tapnevo@gmail.com or 651-308-1792. Free. whitebearlakeboatshow.com

Sponsored by: BSLOL chapter of the Antique and Classic Boat Society and White Bear Shopping Center Merchants, Admiral D's Waterfront Tavern

White Bear Shopping Center Arts & Crafts Fair

10:00 a.m. - 4:00 p.m. • White Bear Shopping Center sidewalk. Local arts & crafts booths, food and live music featuring Ken Wanovich. Free. 651-341-2230. whitebearshoppingcenter.com

Sponsored by: White Bear Shopping Center Merchants

Bear Boating Pontoon Rides

10:00 a.m. - 2:30 p.m. • City dock north side of VFW. Free pontoon excursions for all ages. Life jackets provided or bring your own. Boarding every 1/2 hour. Sign up on day of event at registration table at city dock on north side of VFW. Free. bearboating.org or trips@bearboating.org

Sponsored by: BEAR BOATING of White Bear Lake

Drop-In Discovery Stations • Meet the Bees & Beekeepers

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack Discovery Hosts will be on hand with nature's most wonderful surprises! Experience up-close visits with live animals, touchable artifacts and drop-in activities and explorations. Free. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Tamarack Nature Center

3rd Annual Manitou Days Pie Contest

1:00 p.m. • Grandma's Bakery, 2184B 4th St., WBL. Bake your best pie and compete for the Blue Ribbon to be named '2018 Best Pie in White Bear Lake.' Free. Mickey@grandmasbakery.com for contest rules & reserve a spot for your pie on the judges table. www.grandmasbakery.com

Sponsored by: Grandma's Bakery

SUNDAY JUNE 24

3rd Annual Garden Party

11:00 a.m. - 2:00 p.m. • White Bear Area Emergency Food Shelf, 1884 Whitaker Street, WBL. Food trucks, garden demos, meet a local farmer, face painting, bouncy house! Tour the garden, learn about the food shelf & bring a non-perishable item! Free. 651-407-5310. whitebearfoodshelf.org

Sponsored by: White Bear Emergency FoodShelf

14th Annual Manitou Days Pet Parade & Blessing

11:30 a.m. • Clark Ave. between 2nd St. & Lake Ave. Starts at the Civil War Monument on Clark Ave. & 2nd St. followed by blessing on the church lawn for those who so choose. Free. receptionist@StJohnWilderness.org or 651-429-551. StJohnWilderness.org

Sponsored by: St. John in the Wilderness Church

"Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Go back in time to when the Bee Gees were king and bell bottoms were far out fashion. Free - Donations appreciated. www.skiotter.com

Sponsored by: Midwest Ski Otters

MONDAY JUNE 25

WBLAEF 19th Annual Golf Tournament

Indian Hills Golf Club • All proceeds to benefit the White Bear Lake Area Educational Foundation. \$150/golfer. 651-407-7696 or angie@wblaef.org.

Hosted by: White Bear Lake Area Educational Foundation

Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Ramsey County Parks & Recreation

White Bear, Minnesota: A Railroad Town!

NEW!

6:00 p.m. - 7:00 p.m. • Ramsey County Library - White Bear Lake Branch. Celebrating 150 years of railroad history as we look at the evolution of rail transportation in our community & the importance of White Bear to the railroads. Free. 651-407-5327. office@whitebearhistory.org.

Sponsored by: White Bear Lake Area Historical Society & Ramsey County Library

Cerentry Sr. Care Music and Ice Cream Social

1:00 p.m. - 2:15 p.m. • Cerentry Sr. Care, 1900 Webber St., White Bear Lake. Enjoy great music by the Dan Perry Band & free ice cream treats on the front lawn of the Florence St. side of the facility (if bad weather, moved to the chapel) Free. 651-232-1843 margaret.black@bhshealth.org

Sponsored by: Cerentry Senior Care

WEDNESDAY JUNE 27

Neighbors Helping Neighbors 25th Anniversary Celebration

NEW!

4:00 p.m. - 7:00 p.m. • 1965 E. County Rd. E, WBL. Local community-based thrift store invites you to our 25th anniversary! In-store 1/2 price sale, along with cake & ice cream, snacks & the WBL police department. All proceeds from store sales to benefit local charities. Free. 303-408-6577

Sponsored by: Neighbors Helping Neighbors

Haskell's Wine and Beer Tasting

6:00 p.m. - 8:00 p.m. • White Bear Country Inn. Join us for a night of tasting wines and beers from around the world. \$10 in advance/\$12 at door. Purchase tickets at Haskell - WBL. 651-429-5393

Sponsored by: Haskell's and White Bear Country Inn

THURSDAY JUNE 28

Family Fun Night

6:00 p.m. - 8:00 p.m. • Lions Park, WBL. Get BearPowered with fun activities & games, local partners & yummy food! Free. 651-430-8739 or andrea.c.weiler@lakeview.org. powerupkids.org

Sponsored by: BearPower

Marketfest - Week 3 - Bear: Hair, Wear & Fare Business Showcase

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Over 130 food & merchandise vendors, classic cars, kids activities & more! Kowalski's Gazebo Stage: Jennifer Grimm/Joe Cruz; Intermission Richter Piano Studio. White Bear Mitsubishi Stage: The Bare Bones Band/WBL Drumline. Free. info@marketfest.org. marketfest.org

Sponsored by: Marketfest, City of White Bear Lake and The Shops & Businesses of Downtown White Bear Lake

FRIDAY JUNE 29

Beach Pilates

NEW!

8:00 a.m. • Memorial Beach. Soak up the sun, sand and fresh air with a personally instructed pilates class on Memorial Beach. Overlook the water while you improve your overall health & well being. Bring your own mat & water bottle. Free. 651-313-5121. summitpilates.org

Sponsored by: Summit Pilates

SATURDAY JUNE 30

Prairie Wildflower Walks

9:00 a.m. - Noon • Tamarack Nature Center. See what's blooming in th prairie! Children under 16 yrs. old must be accompanied by an adult. Free. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Ramsey County Parks & Recreation

Drop-In Discovery Stations • Microscopes & Magnifiers

NEW!

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack Discovery Hosts will be on hand with nature's most wonderful surprises! Experience up-close visits with live animals, touchable artifacts and drop-in activities and explorations. Free. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Tamarack Nature Center

SUNDAY JULY 1

"Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Get ready to get your groove on as the Midwest Ski Otters takeyou back in time to when the Bee Gees were king and bell bottoms wer far out fasion. Free - Donations are accepted & appreciated. Full concessions available. skiotter.com

Sponsored by: Midwest Ski Otters

MONDAY JULY 2

Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Ramsey County Parks & Recreation

WEDNESDAY JULY 4

4th of July Fireworks, Flyover & Music at Memorial Beach

8:00 p.m. Music starts • 8:30 p.m. Flyover with T-6 planes • 10:00 p.m. Fireworks • Memorial Beach. Music by Wild Cat Combo, followed by amazing fireworks display over White Bear Lake. In case of rain, fireworks will be July 5th. Free. 651-653-5122 or manitoudays.com

Sponsored by: Presenting Sponsor JL Schwieters Building Supply and Construction, Community Businesses and Local Residents

Disclaimer: Cancellation of a Manitou Days event is at the event sponsor's discretion and beyond our control. When notified in advance of a cancellation or change, we will post information at www.manitoudays.com

Thank you to our Top Level Sponsors

Edina Realty - Joy Erickson Team

Grandma's Bakery • Xcel Energy

White Bear Country Inn • Rudy's Redeye Grill

Downtown WBL Main Street • The Urgency Room

Bill Weigel Signs • Cities Credit Union

Additional Sponsors

Indulge Salon • LifeCore Yoga • Unity One Credit Union

Johnson Peterson Funeral Home • Paul the Plumber • Cup & Cone

Dellwood Country Club • White Bear Boat Works

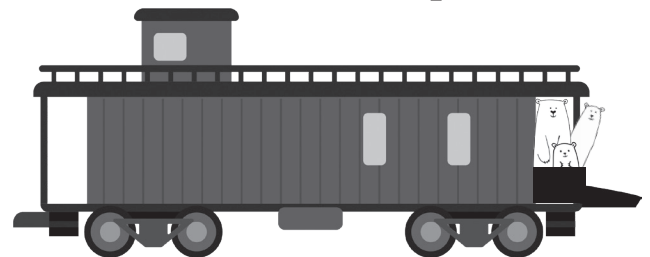
Cotroneo's Wine & Spirits • Sand Law Personal Injury Lawyers

Made possible through the contributions of Local Individuals, Businesses and Service Organizations

MANITOU DAYS



June 14 - July 4, 2018



All Aboard, Bears!



White Bear Lake



Minnesota



Coordinated by White Bear Events
& The Manitou Days Volunteer Committee

manitoudays.com



ONGOING MANITOU DAYS EVENTS



Coldwell Banker Burnet's Medallion Hunt

June 14th until found. Clues available at 6:00 p.m. daily. Prize money of \$1,000. Medallion is hidden on public property in White Bear Lake, White Bear Township, Birchwood Village or Mahtomedi. Clues & rules at manitoudays.com or www.facebook.com/CBBofWBL. Free. Sandy Espe Sorenson: 651-653-2576, sespe@cbburnet.com or Jan Rapheal: 651-653-2575.

Sponsored by: Coldwell Banker Burnet, Burnet Title and Guaranteed Rate Affinity

"Little Choo" Downtown Scavenger Hunt



Every day during Manitou Days • Downtown White Bear Lake. Pick up a game card at the White Bear Lake Library & seek out downtown WBL businesses for images from Minneapolis author Stephen Shaskan's new picture book, "Big Choo." Bring completed game card back to the library for a prize and entry into a grand prize drawing. Free. 651-724-6007. www.rclreads.org

Sponsored by: RCL - White Bear Lake and author Stephen Shaskan

Before I Die



6/14 - 07/04/18 • 10:00 a.m. - 8:00 p.m. daily • 4730 Bald Eagle Ave., WBL. 'Before I Die' is a worldwide interactive community art project which invites everyone to share their personal aspirations by finishing the sentence, "Before I die I want to ...". Free. 651-429-4944 or BeforeIDieWBL.com

Sponsored by: Mueller Memorial & White Bear Center for the Arts

Farmer's Market every Friday - starting June 29th

8:00 a.m. - Noon • Washington Square, WBL. Every Friday thru October 27. Opening day at the market. Locally grown. We also offer Community Supported Agriculture (CSA's) 651-747-3650.

THURSDAY JUNE 14



Joseph & the Amazing Technicolor Dreamcoat



Multiple performances 6/14 - 6/17/18 • Hanifl Performing Arts Center • Children's Performing Arts is proud to present *Joesph & The Amazing Technicolor Dreamcoat* on its 50th anniversary. June 14th Free performance at Marketfest; June 15th Sensory-friendly performance. All other tickets Adults \$20; Students/Seniors \$10. www.childrensperformingartsmn.org

Sponsored by: Children's Performing Arts

Manitou Days Firkin Fest featuring Devon Worley Band

4:00 p.m. - 11:00 p.m. • Big Wood Brewery. 2018 Manitou Days Firkin Fest will be the best one yet, featuring The Devon Worley Band, this year's release of Wheat Bear Lake, our lemongrass-ginger beer, and 4 firkins of limited edition brews. Free. bigwoodbrewery.com

Sponsored by: Big Wood Brewery

Marketfest Opening Night

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Food, merchandise vendors, classic car show, kids activities. Kowalski's Gazebo Stage: *Power of 10/White Bear Dance Center*. White Bear Mitsubishi Stage: *Inside Straight/Children's Performing Arts*. Free Admission. marketfest.org

Sponsored by: Marketfest, City of White Bear Lake and the Shops & Businesses of Downtown White Bear Lake

2nd Annual Manitou Days Kiddie Parade

6:30 p.m. • Marketfest @ 4th St. & Washington. Decorate your trike, bike, wagon, and more. The parade will follow a route through Marketfest. Each registered participant by June 6, 2018 will receive an official parade t-shirt. Free. Register at manitoudayskiddieparade@gmail.com

Sponsored by: Ken B. Peterson, Johnson-Peterson F. H. and Paul Carlson, Paul the Plumber, Manitou Days Grande Parade Co-Chairs

FRIDAY JUNE 15



Family Storytime featuring Railroads - Ramsey County Library



10:30 a.m. • Ramsey County Library, White Bear Lake. Join us for books, songs and fun for the whole family as we celebrate Manitou Days at the library! Best for ages 2-5 and their caregivers. Free. Ann Wahlstrom, 651-724-6007 or ann.wahlstrom@co.ramsey.mn.us. www.rclreads.org

Sponsored by: Ramsey County Library in White Bear Lake

FRIDAY JUNE 15 cont.



Tri Fitness LLC Manitou Days 5K

5:30 p.m. • Ramsey Beach. 5k for every ability, kids to adults. Run the Manitou Days parade route and be cheered by thousands of parade goers. \$35/adults; Kids 12 & under \$15. Price increase on 6/6. Must be able to complete course in 45 minutes. Course closes at 6:15 p.m. judi@trifitnesswbl.com; 651-426-1919. www.trifitnesswbl.com/raceschedule/

Sponsored by: Tri Fitness LLC

Manitou Days Grande Parade

6:30 p.m. • Downtown White Bear Lake. Rain or shine. Celebrating 'All Aboard Bears', our Grande Parade highlights include floats, musical groups, marching sections from a variety of local businesses and organizations. Bring a chair or blanket to claim your spot! Free. manitoudays.com

Sponsored by: White Bear Events, White Bear Lake Lions Club

Manitou Days Beach Dance with Wild Cat Combo

8:00 p.m. - 11:00 p.m. • Memorial Beach. \$5 per person; food & beverages will be available. Free for kids 10 & under. Bring your blanket & lawn chairs and kick up some sand under the stars. Great family event! explorewhitebear.org; info@explorewhitebear.org or 651-653-5122

Sponsored by: Explore White Bear, White Bear Lake Rotary Club and White Bear Lake Superstore

SATURDAY JUNE 16



Yogadevotion on the Beach

Check-in 8:00 a.m., 8:30 a.m. practice • Memorial Beach. Yoga for all! Come celebrate our wonderful community with a joyful yoga practice during Manitou Days. Accessible to all, new to seasoned. \$10 donation, proceeds go to the White Bear Lake Food Shelf. yogadevotion.com

Sponsored by: Yogadevotion L.L.C.

Community Garage Sale

8:00 a.m. - 1:00 p.m. • Community of Grace Lutheran Church. 162 Family "Garage" Sale + Bake Sale, Jumpity Jumps and lunch! Parking Shuttles & restrooms available. Free. Joy Erickson 612-802-7150, joyerickson@edinarealty.com, flwb.org/renam

Sponsored by: Community of Grace Lutheran Church and United Methodist Church

Benson Airport Open House



9:00 a.m. - 1:00 p.m. • Benson Airport, 5860 Hwy. 61 N. Open house of nostalgic 70 year old airport and aircraft display. Free. 651-429-0315. Facebook: EAA Chapter 745

Sponsored by: Benson Airport Association and EAA Chapter 745

Deb Stender Memorial Floatilla



10:00 a.m. - 2:00 p.m. • Bellaire Beach. Deb was so looking forward to using her new kayak this summer. We invite you to join us for a Regatta in her memory. All non-motorized water craft are welcome. Prize for best decorations. Bring a picnic lunch. Free. kathydoucette@kw.com

Sponsored by: Friends of Deb

Ladies of the Lake Summer Market

10 a.m. - 3:00 p.m. • Railroad Park, WBL. Open air market sponsored by locally owned shops providing one of a kind furniture, accessories, unique, chic & vintage finds. Free. 651-335-4366 or smatzdorf@gmail.com

Sponsored by: The Hub, The Farmers Daughter, Truly, Missy's Boutique, WBL Mercantile, Antiques White Bear and Sweet Home

Sandcastles & Creatures Building Contest

10:00 a.m. - Noon • Memorial Beach. Family-friendly event and contest, building sandcastles & creatures on the beach. Free. whitebeararts.org

Sponsored by: White Bear Center for the Arts

Drop-In Discovery Stations • Dragons & Damsels

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack hosts will be on hand with nature's most wonderful surprises! Free. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Tamarack Nature Center

SATURDAY JUNE 16



Paddle a Dragon Boat

10:00 a.m. - 1:00 p.m. • White Bear Boat Works E Dock. 12 yrs. & up. Experience synchronized paddling in a dragon boat! \$10 donation welcome. Facebook: [OffTheEdgeDragonBoatTeam](https://www.facebook.com/OffTheEdgeDragonBoatTeam)

Sponsored by: White Bear Boat Works

Depot Open House



11:00 a.m. - 3:00 p.m. • White Bear Lake Depot & White Bear Lake City Hall. Get up close to a modern engine, learn about train safety with Operation Lifesaver and check out displays on the railroad history of White Bear and a fabulous miniature circus. Free. whitebearhistory.org

Sponsored by: White Bear Area Chamber of Commerce, White Bear Events & City of White Bear Lake

Manitou Days Community Picnic

11:00 a.m. - 1:00 p.m. • Railroad Park. Come join your neighbors for a free community picnic. Serving a lunch of hotdogs, chips and ice cream. Free.

Sponsored by: White Bear Lake Lions

White Bear Lake Police Department Bike Rodeo



1:00 p.m. - 3:00 p.m. • Public Works Facility, 3950 Hoffman Road. Helmet sizing and fitting; rider safety and education, bike exercises, safety course, bike tune-ups and demonstrations. Free. Contact Carrie at cvarco@whitebearlake.org or 651-762-4876 for more information.

Sponsored by: City of White Bear Lake

SUNDAY JUNE 17



Make, Move & Groove

1:00 p.m. • Soul Chiropractic, 4760 Banning Ave, Suite 218, White Bear Lake. Kids & parents come shake your body with Kids Zumba then get creative & create your own wood craft from Create Space. All ages. Free. Dr. Shannon McCarty, 651-762-2985. soulchiropractic@gmail.com

Sponsored by: Soul Chiropractic, Create Space and Just Move Zumba

Lake Links Association - Around the Lake Tour



1st Group @ 1:15 p.m.; 2nd Group @ 2:15 p.m. • West Park. Lake Links' 2nd annual event offers 2 group bicycle ride times. Learn about the emerging route around the lake. Explore our lakeside communities. All riders are welcome back to West Park at 4:00 p.m. for ice cream and social time. Free. nebikewalk@gmail.com or kwolgamot@comcast.net. www.lakelinks.net

Sponsored by: Lake Links Association

"Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Get ready to get your groove on as the Midwest Ski Otters takeyou back in time to when the Bee Gees were king and bell bottoms wer far out fasion. Free - Donations are accepted & appreciated. Full concessions available. skiotter.com

Sponsored by: Midwest Ski Otters

MONDAY JUNE 18



Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. TamarackNatureCenter.org

Sponsored by: Ramsey County Parks & Recreation

Cruise Into the Past - Historical Boat Tour of White Bear Lake



7:00 p.m. - 9:00 p.m. • Admiral D's - 4424 Lake Ave. S. Join us for a cruise past the communities that dot the shore of White Bear Lake & hear the stories that make those areas unique. Refreshments will be served. Cash Bar. Proceeds benefit the WBLAHS. \$35/person. reservations require. whitebearhistory.org or 651-407-5327

Sponsored by: Admiral D's

TUESDAY JUNE 19



Music on Rudy's Rooftop

7:00 p.m. - 10:00 p.m. • Join us on Rudy's Rooftop for live music featuring Jake Nelson. Free. www.rudysredeye.com

Sponsored by: Rudys Redeye Grill & White Bear Country Inn

WEDNESDAY JUNE 20



Senior Citizens' Night at the Ball Park • 4th Annual Town Ball Game

7:00 p.m. • Polar Lakes Park. White Bear Township vs. St. Paul Highland Park. Free. Free beverages & food for all Seniors. 651-426-0620. whitebear township.teams.mnbaseball.org

Sponsored by: Sand Law Personal Injury Lawyers

THURSDAY JUNE 21



Joseph & the Amazing Technicolor Dreamcoat



Multiple performances 6/21/18 - 6/24/18 • Hanifl Performing Arts Center • Children's Performing Arts is proud to present *Joesph & The Amazing Technicolor Dreamcoat* on its 50th anniversary. Our first ever production at the Hanifl Performing Arts Center. Adults \$20; Students/Seniors \$10. www.childrensperformingartsmn.org

Sponsored by: Children's Performing Arts

Marketfest - Week 2 - White Bear Lake History & Cake Walk

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Over 130 food & merchandise vendors, classic cars, kids activities & more! Kowalski's Gazebo Stage: *The Michael Handler Project/IPAC*. White Bear Mitsubishi Stage: *The Quirkestra*. Free. marketfest.org

Sponsored by: Marketfest, City of White Bear Lake and The Shops & Businesses of Downtown White Bear Lake

Summer Solstice Celebration



6:00 p.m. - 7:30 p.m. • LifeCore Yoga, 2182 4th St., WBL. Celebrate the summer solstice at our open house! Unique intention setting & mini meditation practice (no yoga clothes needed) register to win prizes & enjoy summer refreshments. Free. dawn@lifecoreyoga.com; lifecoreyoga.com

Sponsored by: LifeCore Yoga

FRIDAY JUNE 22



Create Your Own Pause Kit - 6/22 & 6/23



10:00 a.m. - 5:00 p.m. • A Beautiful Pause - Avalon Balcony Shops, 2179 4th St. Ste 2D, WBL. Let your creative juices flow & give the gift of self-care to a friend, loved one or yourself! The more you Pause, the more you save with discounts from 10-25%. www.abeautifulpause.com

Sponsored by: A Beautiful Pause

SATURDAY JUNE 23



Manitou Days Children's Fishing Contest

7:30 a.m. - 11:00 a.m. • Tally's Dockside. Fishing Contest for kids 12 and under accompanied by an adult. Prizes given with Tips Outdoors & Tally's Dockside. Fishing equipment not included. Free. jan@theRapeals.org or 612-309-5719 or Tipsoutdoors@gmail.com

Sponsored by: Jan Rapheal & Stephanie Howe at Coldwell Banker Burnet, Jan Dehnert with Tally's Outdoors & Mark Tipler with TipsOutdoors.org

My First Tri June



8:00 a.m. • Rice Creek Chain of Lakes, Centerville. Exclusively for first time triathletes. Limited to 150, this super sprint has mentors to make sure you have an amazing time. \$75. judi@trifitnesswbl.com; 651-426-1919. <https://trifitnesswbl.wixsite.com/trifitnesswbl/myfirsttrijune>

Sponsored by: Tri Fitness LLC

Sizzling Summer Sale

9:00 a.m. - 4:00 p.m. • Downtown White Bear Lake. Sizzling in store specials, events and giveaways. Free. downtownwhitebearlake.com

Sponsored by: Downtown Mainstreet

