

## SATURDAY JUNE 23 cont.

### 2<sup>nd</sup> Annual Young Life/Rudy's Run/Walk

**NEW!**

9:00 a.m. registration; 10:30 a.m. start • Rudy's Redeye Grill, WBL. Starts at Rudy's, goes along the shores of White Bear Lake. Proceeds to help send high school students to Young Life's Camp Castaway. Participants receive Young Life mug. \$40 entry. whitebear-mahtomediarea.younglife.org

**Sponsored by: Thrivent Financial & White Bear Lake and Mahtomedi area business'**

### Weekend Gardeners

10:00 a.m. - Noon • Tamarack Nature Center. There is work to do in the garden and a lot to learn! Work side-by-side with our staff. All Ages. Free. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Tamarack Nature Center**

### 13<sup>th</sup> Annual White Bear Lake Classic & Vintage Boat Show

10:00 a.m. - 4:00 p.m. • Lake Ave. at White Bear Shopping Center. Featuring all classes of boats, nautical swap meet, arts & crafts fair & Live music. Pat Oven, tapnevo@gmail.com or 651-308-1792. Free. whitebearlakeboatshow.com

**Sponsored by: BSLOL chapter of the Antique and Classic Boat Society and White Bear Shopping Center Merchants, Admiral D's Waterfront Tavern**

### White Bear Shopping Center Arts & Crafts Fair

10:00 a.m. - 4:00 p.m. • White Bear Shopping Center sidewalk. Local arts & crafts booths, food and live music featuring Ken Wanovich. Free. 651-341-2230. whitebearshoppingcenter.com

**Sponsored by: White Bear Shopping Center Merchants**

### Bear Boating Pontoon Rides

10:00 a.m. - 2:30 p.m. • City dock north side of VFW. Free pontoon excursions for all ages. Life jackets provided or bring your own. Boarding every 1/2 hour. Sign up on day of event at registration table at city dock on north side of VFW. Free. bearboating.org or trips@bearboating.org

**Sponsored by: BEAR BOATING of White Bear Lake**

### Drop-In Discovery Stations • Meet the Bees & Beekeepers

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack Discoverey Hosts will be on hand with nature's most wonderful surprises! Experience up-close visits with live animals, touchable artifacts and drop-in activities and explorations. Free. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Tamarack Nature Center**

### 3<sup>rd</sup> Annual Manitou Days Pie Contest

1:00 p.m. • Grandma's Bakery, 2184B 4<sup>th</sup> St., WBL. Bake your best pie and compete for the Blue Ribbon to be named '2018 Best Pie in White Bear Lake.' Free. Mickey@grandmasbakery.com for contest rules & reserve a spot for your pie on the judges table. www.grandmasbakery.com

**Sponsored by: Grandma's Bakery**

## SUNDAY JUNE 24

### 3<sup>rd</sup> Annual Garden Party

11:00 a.m. - 2:00 p.m. • White Bear Area Emergency Food Shelf, 1884 Whitaker Street, WBL. Food trucks, garden demos, meet a local farmer, face painting, bouncy house! Tour the garden, learn about the food shelf & bring a non-perishable item! Free. 651-407-5310. whitebearfoodshelf.org

**Sponsored by: White Bear Emergency FoodShelf**

### 14<sup>th</sup> Annual Manitou Days Pet Parade & Blessing

11:30 a.m. • Clark Ave. between 2<sup>nd</sup> St. & Lake Ave. Starts at the Civil War Monument on Clark Ave. & 2<sup>nd</sup> St. followed by blessing on the church lawn for those who so choose. Free. receptionist@StJohnWilderness.org or 651-429-551. StJohnWilderness.org

**Sponsored by: St. John in the Wilderness Church**

### "Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Go back in time to when the Bee Gees were king and bell bottoms were far out fashion. Free - Donations appreciated. www.skiotter.com

**Sponsored by: Midwest Ski Otters**

## MONDAY JUNE 25

### WBLAEF 19<sup>th</sup> Annual Golf Tournament

Indian Hills Golf Club • All proceeds to benefit the White Bear Lake Area Educational Foundation. \$150/golfer. 651-407-7696 or angie@wblaef.org.

**Hosted by: White Bear Lake Area Educational Foundation**

### Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Ramsey County Parks & Recreation**

### White Bear, Minnesota: A Railroad Town!

**NEW!**

6:00 p.m. - 7:00 p.m. • Ramsey County Library - White Bear Lake Branch. Celebrating 150 years of railroad history as we look at the evolution of rail transportation in our community & the importance of White Bear to the railroads. Free. 651-407-5327. office@whitebearhistory.org.

**Sponsored by: White Bear Lake Area Historical Society & Ramsey County Library**

### Cerenity Sr. Care Music and Ice Cream Social

1:00 p.m. - 2:15 p.m. • Cerenity Sr. Care, 1900 Webber St., White Bear Lake. Enjoy great music by the Dan Perry Band & free ice cream treats on the front lawn of the Florence St. side of the facility (if bad weather, moved to the chapel) Free. 651-232-1843 margaret.black@bhshealth.org

**Sponsored by: Cerenity Senior Care**

## WEDNESDAY JUNE 27

### Neighbors Helping Neighbors 25<sup>th</sup> Anniversary Celebration

**NEW!**

4:00 p.m. - 7:00 p.m. • 1965 E. County Rd. E, WBL. Local community-based thrift store invites you to our 25<sup>th</sup> anniversary! In-store 1/2 price sale, along with cake & ice cream, snacks & the WBL police department. All proceeds from store sales to benefit local charities. Free. 303-408-6577

**Sponsored by: Neighbors Helping Neighbors**

### Haskell's Wine and Beer Tasting

6:00 p.m. - 8:00 p.m. • White Bear Country Inn. Join us for a night of tasting wines and beers from around the world. \$10 in advance/\$12 at door. Purchase tickets at Haskell - WBL. 651-429-5393

**Sponsored by: Haskell's and White Bear Country Inn**

## THURSDAY JUNE 28

### Family Fun Night

6:00 p.m. - 8:00 p.m. • Lions Park, WBL. Get BearPowered with fun activities & games, local partners & yummy food! Free. 651-430-8739 or andrea.c.weiler@lakeview.org. powerupkids.org

**Sponsored by: BearPower**

### Marketfest - Week 3 - Bear: Hair, Wear & Fare Business Showcase

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Over 130 food & merchandise vendors, classic cars, kids activities & more! Kowalski's Gazebo Stage: Jennifer Grimm/Joe Cruz; Intermission Richter Piano Studio. White Bear Mitsubishi Stage: The Bare Bones Band/WBL Drumline. Free. info@marketfest.org. marketfest.org

**Sponsored by: Marketfest, City of White Bear Lake and The Shops & Businesses of Downtown White Bear Lake**

## FRIDAY JUNE 29

### Beach Pilates

**NEW!**

8:00 a.m. • Memorial Beach. Soak up the sun, sand and fresh air with a personally instructed pilates class on Memorial Beach. Overlook the water while you improve your overall health & well being. Bring your own mat & water bottle. Free. 651-313-5121. summitpilates.org

**Sponsored by: Summit Pilates**

## SATURDAY JUNE 30

### Prairie Wildflower Walks

9:00 a.m. - Noon • Tamarack Nature Center. See what's blooming in th prairie! Children under 16 yrs. old must be accompanied by an adult. Free. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Ramsey County Parks & Recreation**

### Drop-In Discovery Stations • Microscopes & Magnifiers

**NEW!**

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack Discoverey Hosts will be on hand with nature's most wonderful surprises! Experience up-close visits with live animals, touchable artifacts and drop-in activities and explorations. Free. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Tamarack Nature Center**

## SUNDAY JULY 1

### "Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Get ready to get your groove on as the Midwest Ski Otters takeyou back in time to when the Bee Gees were king and bell bottoms wer far out fasion. Free - Donations are accepted & appreciated. Full concessions available. skiotter.com

**Sponsored by: Midwest Ski Otters**

## MONDAY JULY 2

### Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. TamarackNatureCenter.org

**Sponsored by: Ramsey County Parks & Recreation**

## WEDNESDAY JULY 4

### 4<sup>th</sup> of July Fireworks, Flyover & Music at Memorial Beach

8:00 p.m. Music starts • 8:30 p.m. Flyover with T-6 planes • 10:00 p.m. Fireworks • Memorial Beach. Music by Wild Cat Combo, followed by amazing fireworks display over White Bear Lake. In case of rain, fireworks will be July 5<sup>th</sup>. Free. 651-653-5122 or manitoudays.com

**Sponsored by: Presenting Sponsor JL Schwieters Building Supply and Construction, Community Businesses and Local Residents**

**Disclaimer: Cancellation of a Manitou Days event is at the event sponsor's discretion and beyond our control. When notified in advance of a cancellation or change, we will post information at www.manitoudays.com**

### Thank you to our Top Level Sponsors

Edina Realty - Joy Erickson Team

Grandma's Bakery • Xcel Energy

White Bear Country Inn • Rudy's Redeye Grill

Downtown WBL Main Street • The Urgency Room

Bill Weigel Signs • Cities Credit Union

### Additional Sponsors

Indulge Salon • LifeCore Yoga • Unity One Credit Union

Johnson Peterson Funeral Home • Paul the Plumber • Cup & Cone

Dellwood Country Club • White Bear Boat Works

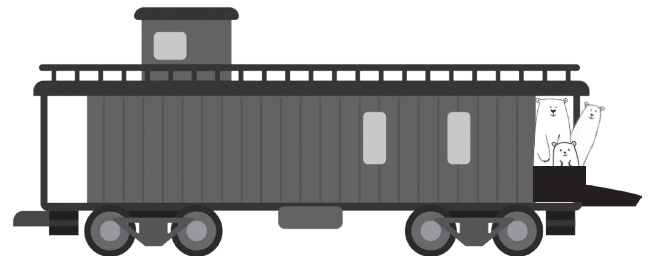
Cotroneo's Wine & Spirits • Sand Law Personal Injury Lawyers

Made possible through the contributions of Local Individuals, Businesses and Service Organizations

# MANITOU DAYS



## June 14 - July 4, 2018



## All Aboard, Bears!



White Bear Lake



Minnesota



Coordinated by White Bear Events  
& The Manitou Days Volunteer Committee

manitoudays.com





## ONGOING MANITOU DAYS EVENTS



### Coldwell Banker Burnet's Medallion Hunt

June 14<sup>th</sup> until found. Clues available at 6:00 p.m. daily. Prize money of \$1,000. Medallion is hidden on public property in White Bear Lake, White Bear Township, Birchwood Village or Mahtomedi. Clues & rules at [manitoudays.com](http://manitoudays.com) or [www.facebook.com/CBBofWBL](http://www.facebook.com/CBBofWBL). Free. Sandy Espe Sorenson: 651-653-2576, [sespe@cbburnet.com](mailto:sespe@cbburnet.com) or Jan Rapheal: 651-653-2575.

**Sponsored by:** Coldwell Banker Burnet, Burnet Title and Guaranteed Rate Affinity

### "Little Choo" Downtown Scavenger Hunt



Every day during Manitou Days • Downtown White Bear Lake. Pick up a game card at the White Bear Lake Library & seek out downtown WBL businesses for images from Minneapolis author Stephen Shaskan's new picture book, "Big Choo." Bring completed game card back to the library for a prize and entry into a grand prize drawing. Free. 651-724-6007. [www.rclears.org](http://www.rclears.org)

**Sponsored by:** RCL - White Bear Lake and author Stephen Shaskan

### Before I Die



6/14 - 07/04/18 • 10:00 a.m. - 8:00 p.m. daily • 4730 Bald Eagle Ave., WBL. 'Before I Die' is a worldwide interactive community art project which invites everyone to share their personal aspirations by finishing the sentence, "Before I die I want to ..." Free. 651-429-4944 or [BeforeIDieWBL.com](http://BeforeIDieWBL.com)

**Sponsored by:** Mueller Memorial & White Bear Center for the Arts

### Farmer's Market every Friday - starting June 29<sup>th</sup>

8:00 a.m. - Noon • Washington Square, WBL. Every Friday thru October 27. Opening day at the market. Locally grown. We also offer Community Supported Agriculture (CSA's) 651-747-3650.

## THURSDAY JUNE 14



### Joseph & the Amazing Technicolor Dreamcoat



Multiple performances 6/14 - 6/17/18 • Hanifl Performing Arts Center • Children's Performing Arts is proud to present *Joesph & The Amazing Technicolor Dreamcoat* on its 50<sup>th</sup> anniversary. June 14<sup>th</sup> Free performance at Marketfest; June 15<sup>th</sup> Sensory-friendly performance. All other tickets Adults \$20; Students/Seniors \$10. [www.childrensperformingartsmn.org](http://www.childrensperformingartsmn.org)

**Sponsored by:** Children's Performing Arts

### Manitou Days Firkin Fest featuring Devon Worley Band

4:00 p.m. - 11:00 p.m. • Big Wood Brewery. 2018 Manitou Days Firkin Fest will be the best one yet, featuring The Devon Worley Band, this year's release of Wheat Bear Lake, our lemongrass-ginger beer, and 4 firkins of limited edition brews. Free. [bigwoodbrewery.com](http://bigwoodbrewery.com)

**Sponsored by:** Big Wood Brewery

### Marketfest Opening Night

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Food, merchandise vendors, classic car show, kids activities. Kowalski's Gazebo Stage: *Power of 10/White Bear Dance Center*. White Bear Mitsubishi Stage: *Inside Straight/Children's Performing Arts*. Free Admission. [marketfest.org](http://marketfest.org)

**Sponsored by:** Marketfest, City of White Bear Lake and the Shops & Businesses of Downtown White Bear Lake

### 2<sup>nd</sup> Annual Manitou Days Kiddie Parade

6:30 p.m. • Marketfest @ 4<sup>th</sup> St. & Washington. Decorate your trike, bike, wagon, and more. The parade will follow a route through Marketfest. Each registered participant by June 6, 2018 will receive an official parade t-shirt. Free. Register at [manitoudayskiddieparade@gmail.com](mailto:manitoudayskiddieparade@gmail.com)

**Sponsored by:** Ken B. Peterson, Johnson-Peterson F. H. and Paul Carlson, Paul the Plumber, Manitou Days Grande Parade Co-Chairs

## FRIDAY JUNE 15



### Family Storytime featuring Railroads - Ramsey County Library



10:30 a.m. • Ramsey County Library, White Bear Lake. Join us for books, songs and fun for the whole family as we celebrate Manitou Days at the library! Best for ages 2-5 and their caregivers. Free. Ann Wahlstrom, 651-724-6007 or [ann.wahlstrom@co.ramsey.mn.us](mailto:ann.wahlstrom@co.ramsey.mn.us). [www.rclears.org](http://www.rclears.org)

**Sponsored by:** Ramsey County Library in White Bear Lake

## FRIDAY JUNE 15 cont.



### Tri Fitness LLC Manitou Days 5K

5:30 p.m. • Ramsey Beach. 5k for every ability, kids to adults. Run the Manitou Days parade route and be cheered by thousands of parade goers. \$35/adults; Kids 12 & under \$15. Price increase on 6/6. Must be able to complete course in 45 minutes. Course closes at 6:15 p.m. [judi@trifitnesswbl.com](mailto:judi@trifitnesswbl.com); 651-426-1919. [www.trifitnesswbl.com/raceschedule/](http://www.trifitnesswbl.com/raceschedule/)

**Sponsored by:** Tri Fitness LLC

### Manitou Days Grande Parade

6:30 p.m. • Downtown White Bear Lake. Rain or shine. Celebrating 'All Aboard Bears', our Grande Parade highlights include floats, musical groups, marching sections from a variety of local businesses and organizations. Bring a chair or blanket to claim your spot! Free. [manitoudays.com](http://manitoudays.com)

**Sponsored by:** White Bear Events, White Bear Lake Lions Club

### Manitou Days Beach Dance with Wild Cat Combo

8:00 p.m. - 11:00 p.m. • Memorial Beach. \$5 per person; food & beverages will be available. Free for kids 10 & under. Bring your blanket & lawn chairs and kick up some sand under the stars. Great family event! [explorewhitebear.org](http://explorewhitebear.org); [info@explorewhitebear.org](mailto:info@explorewhitebear.org) or 651-653-5122

**Sponsored by:** Explore White Bear, White Bear Lake Rotary Club and White Bear Lake Superstore

## SATURDAY JUNE 16



### Yogadevotion on the Beach

Check-in 8:00 a.m., 8:30 a.m. practice • Memorial Beach. Yoga for all! Come celebrate our wonderful community with a joyful yoga practice during Manitou Days. Accessible to all, new to seasoned. \$10 donation, proceeds go to the White Bear Lake Food Shelf. [yogadevotion.com](http://yogadevotion.com)

**Sponsored by:** Yogadevotion L.L.C.

### Community Garage Sale

8:00 a.m. - 1:00 p.m. • Community of Grace Lutheran Church. 162 Family "Garage" Sale + Bake Sale, Jumpity Jumps and lunch! Parking Shuttles & restrooms available. Free. Joy Erickson 612-802-7150, [joyerickson@edinarealty.com](mailto:joyerickson@edinarealty.com), [flwb.org/rename](http://flwb.org/rename)

**Sponsored by:** Community of Grace Lutheran Church and United Methodist Church

### Benson Airport Open House



9:00 a.m. - 1:00 p.m. • Benson Airport, 5860 Hwy. 61 N. Open house of nostalgic 70 year old airport and aircraft display. Free. 651-429-0315. Facebook: EAA Chapter 745

**Sponsored by:** Benson Airport Association and EAA Chapter 745

### Deb Stender Memorial Floatilla



10:00 a.m. - 2:00 p.m. • Bellaire Beach. Deb was so looking forward to using her new kayak this summer. We invite you to join us for a Regatta in her memory. All non-motorized water craft are welcome. Prize for best decorations. Bring a picnic lunch. Free. [kathydoucette@kw.com](mailto:kathydoucette@kw.com)

**Sponsored by:** Friends of Deb

### Ladies of the Lake Summer Market

10 a.m. - 3:00 p.m. • Railroad Park, WBL. Open air market sponsored by locally owned shops providing one of a kind furniture, accessories, unique, chic & vintage finds. Free. 651-335-4366 or [smatzdorf@gmail.com](mailto:smatzdorf@gmail.com)

**Sponsored by:** The Hub, The Farmers Daughter, Truly, Missy's Boutique, WBL Mercantile, Antiques White Bear and Sweet Home

### Sandcastles & Creatures Building Contest

10:00 a.m. - Noon • Memorial Beach. Family-friendly event and contest, building sandcastles & creatures on the beach. Free. [whitebeararts.org](http://whitebeararts.org)

**Sponsored by:** White Bear Center for the Arts

### Drop-In Discovery Stations • Dragons & Damsels

10:00 a.m. - Noon • Tamarack Nature Center. Drop in. Tamarack hosts will be on hand with nature's most wonderful surprises! Free. 651-407-5350. [TamarackNatureCenter.org](http://TamarackNatureCenter.org)

**Sponsored by:** Tamarack Nature Center

## SATURDAY JUNE 16



### Paddle a Dragon Boat

10:00 a.m. - 1:00 p.m. • White Bear Boat Works E Dock. 12 yrs. & up. Experience synchronized paddling in a dragon boat! \$10 donation welcome. Facebook: [OffTheEdgeDragonBoatTeam](https://www.facebook.com/OffTheEdgeDragonBoatTeam)

**Sponsored by:** White Bear Boat Works

### Depot Open House



11:00 a.m. - 3:00 p.m. • White Bear Lake Depot & White Bear Lake City Hall. Get up close to a modern engine, learn about train safety with Operation Lifesaver and check out displays on the railroad history of White Bear and a fabulous miniature circus. Free. [whitebearhistory.org](http://whitebearhistory.org)

**Sponsored by:** White Bear Area Chamber of Commerce, White Bear Events & City of White Bear Lake

### Manitou Days Community Picnic

11:00 a.m. - 1:00 p.m. • Railroad Park. Come join your neighbors for a free community picnic. Serving a lunch of hotdogs, chips and ice cream. Free.

**Sponsored by:** White Bear Lake Lions

### White Bear Lake Police Department Bike Rodeo



1:00 p.m. - 3:00 p.m. • Public Works Facility, 3950 Hoffman Road. Helmet sizing and fitting; rider safety and education, bike exercises, safety course, bike tune-ups and demonstrations. Free. Contact Carrie at [cvarco@whitebearlake.org](mailto:cvarco@whitebearlake.org) or 651-762-4876 for more information.

**Sponsored by:** City of White Bear Lake

## SUNDAY JUNE 17



### Make, Move & Groove

1:00 p.m. • Soul Chiropractic, 4760 Banning Ave, Suite 218, White Bear Lake. Kids & parents come shake your body with Kids Zumba then get creative & create your own wood craft from Create Space. All ages. Free. Dr. Shannon McCarty, 651-762-2985. [soulchiropractic@gmail.com](mailto:soulchiropractic@gmail.com)

**Sponsored by:** Soul Chiropractic, Create Space and Just Move Zumba

### Lake Links Association - Around the Lake Tour



1<sup>st</sup> Group @ 1:15 p.m.; 2<sup>nd</sup> Group @ 2:15 p.m. • West Park. Lake Links' 2<sup>nd</sup> annual event offers 2 group bicycle ride times. Learn about the emerging route around the lake. Explore our lakeside communities. All riders are welcome back to West Park at 4:00 p.m. for ice cream and social time. Free. [nebikewalk@gmail.com](mailto:nebikewalk@gmail.com) or [kwolgamot@comcast.net](mailto:kwolgamot@comcast.net). [www.lakelinks.net](http://www.lakelinks.net)

**Sponsored by:** Lake Links Association

### "Sunday Night Fever - Ski Otters Water Ski Show

6:00 p.m. • Hoffman Road, Little Goose Lake. Get ready to get your groove on as the Midwest Ski Otters takeyou back in time to when the Bee Gees were king and bell bottoms wer far out fasion. Free - Donations are accepted & appreciated. Full concessions available. [skiotter.com](http://skiotter.com)

**Sponsored by:** Midwest Ski Otters

## MONDAY JUNE 18



### Meet the Gardener

10:15 a.m. - 11:00 a.m. • Tamarack Nature Center. Meet our gardeners & discover the surprising ways plants grow & bloom. Help plant, tend and taste the harvest. Donations appreciated. Free. No pre-registration required; donations appreciated. 651-407-5350. [TamarackNatureCenter.org](http://TamarackNatureCenter.org)

**Sponsored by:** Ramsey County Parks & Recreation

### Cruise Into the Past - Historical Boat Tour of White Bear Lake



7:00 p.m. - 9:00 p.m. • Admiral D's - 4424 Lake Ave. S. Join us for a cruise past the communities that dot the shore of White Bear Lake & hear the stories that make those areas unique. Refreshments will be served. Cash Bar. Proceeds benefit the WBLAHS. \$35/person. reservations require. [whitebearhistory.org](http://whitebearhistory.org) or 651-407-5327

**Sponsored by:** Admiral D's

## TUESDAY JUNE 19



### Music on Rudy's Rooftop

7:00 p.m. - 10:00 p.m. • Join us on Rudy's Rooftop for live music featuring Jake Nelson. Free. [www.rudysredeye.com](http://www.rudysredeye.com)

**Sponsored by:** Rudys Redeye Grill & White Bear Country Inn

## WEDNESDAY JUNE 20



### Senior Citizens' Night at the Ball Park • 4<sup>th</sup> Annual Town Ball Game

7:00 p.m. • Polar Lakes Park. White Bear Township vs. St. Paul Highland Park. Free. Free beverages & food for all Seniors. 651-426-0620. [whitebear-township.teams.mnbaseball.org](http://whitebear-township.teams.mnbaseball.org)

**Sponsored by:** Sand Law Personal Injury Lawyers

## THURSDAY JUNE 21



### Joseph & the Amazing Technicolor Dreamcoat



Multiple performances 6/21/18 - 6/24/18 • Hanifl Performing Arts Center • Children's Performing Arts is proud to present *Joesph & The Amazing Technicolor Dreamcoat* on its 50<sup>th</sup> anniversary. Our first ever production at the Hanifl Performing Arts Center. Adults \$20; Students/Seniors \$10. [www.childrensperformingartsmn.org](http://www.childrensperformingartsmn.org)

**Sponsored by:** Children's Performing Arts

### Marketfest - Week 2 - White Bear Lake History & Cake Walk

6:00 p.m. - 9:00 p.m. • Downtown White Bear Lake. Over 130 food & merchandise vendors, classic cars, kids activities & more! Kowalski's Gazebo Stage: *The Michael Handler Project/IPAC*. White Bear Mitsubishi Stage: *The Quirkestra*. Free. [marketfest.org](http://marketfest.org)

**Sponsored by:** Marketfest, City of White Bear Lake and The Shops & Businesses of Downtown White Bear Lake

### Summer Solstice Celebration



6:00 p.m. - 7:30 p.m. • LifeCore Yoga, 2182 4th St., WBL. Celebrate the summer solstice at our open house! Unique intention setting & mini meditation practice (no yoga clothes needed) register to win prizes & enjoy summer refreshments. Free. [dawn@lifecoreyoga.com](mailto:dawn@lifecoreyoga.com); [lifecoreyoga.com](http://lifecoreyoga.com)

**Sponsored by:** LifeCore Yoga

## FRIDAY JUNE 22



### Create Your Own Pause Kit - 6/22 & 6/23



10:00 a.m. - 5:00 p.m. • A Beautiful Pause - Avalon Balcony Shops, 2179 4<sup>th</sup> St. Ste 2D, WBL. Let your creative juices flow & give the gift of self-care to a friend, loved one or yourself! The more you Pause, the more you save with discounts from 10-25%. [www.abeautifulpause.com](http://www.abeautifulpause.com)

**Sponsored by:** A Beautiful Pause

## SATURDAY JUNE 23



### Manitou Days Children's Fishing Contest

7:30 a.m. - 11:00 a.m. • Tally's Dockside. Fishing Contest for kids 12 and under accompanied by an adult. Prizes given with Tips Outdoors & Tally's Dockside. Fishing equipment not included. Free. [jan@theRapeals.org](mailto:jan@theRapeals.org) or 612-309-5719 or [Tipsoutdoors@gmail.com](mailto:Tipsoutdoors@gmail.com)

**Sponsored by:** Jan Rapheal & Stephanie Howe at Coldwell Banker Burnet, Jan Dehnert with Tally's Outdoors & Mark Tipler with TipsOutdoors.org

### My First Tri June



8:00 a.m. • Rice Creek Chain of Lakes, Centerville. Exclusively for first time triathletes. Limited to 150, this super sprint has mentors to make sure you have an amazing time. \$75. [judi@trifitnesswbl.com](mailto:judi@trifitnesswbl.com); 651-426-1919. <https://trifitnesswbl.wixsite.com/trifitnesswbl/myfirsttrijune>

**Sponsored by:** Tri Fitness LLC

### Sizzling Summer Sale

9:00 a.m. - 4:00 p.m. • Downtown White Bear Lake. Sizzling in store specials, events and giveaways. Free. [downtownwhitebearlake.com](http://downtownwhitebearlake.com)

**Sponsored by:** Downtown Mainstreet

